***Baked Parsnip and Carrot Peel Chips***

***Ingredients***

* Carrot peelings Parsnip peelings (optional) Olive OIl Spices of choice.

***Directions***

1. Preheat oven to 400 degrees .
2. Coat peelings with olive oil and desired spices .
3. Place on a lined baking sheet in a single layer .
4. Bake for 8-10 minutes until browed and crispy B.

